

# WEEK 1 MENU

## SPRING/SUMMER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5/1, 5/29, 6/26, 7/24, 8/21, 9/18, 10/16						
<b>Breakfast</b> Cereal of Choice Egg of choice Bacon or Sausage Toast Butter/Jelly	<b>Breakfast</b> Cereal of Choice French Toast/ syrup Bacon or Sausage Toast/ butter/jelly	<b>Breakfast</b> Cereal of Choice Sausage Gravy w. Biscuit Egg of choice Bacon or Sausage	<b>Breakfast</b> Cereal of Choice Egg of choice Bacon or Sausage Grilled Ham Toast Butter/Jelly	<b>Breakfast</b> Cereal of Choice Egg of choice Bacon or Sausage Potatoes O'Brien Donuts	<b>Breakfast</b> Cereal of Choice Pancakes & Syrup Egg of choice Bacon or Sausage Butter	<b>Breakfast</b> Cereal of Choice Egg of Choice Bacon or Sausage Toast/ butter, jelly Banana
<b>Lunch</b> Pot Roast Onion Roasted Potatoes Glazed Carrots Dinner Roll/ butter	<b>Lunch</b> Fish Sandwich w. cheese on Bun lettuce, pickles on side Tartar sauce Roasted Sweet Potatoes Tomato Summer Salad Watermelon	<b>Lunch</b> Italian Sub Broccoli Raisin Salad Potato Salad Pears	<b>Lunch</b> Chili w. shredded cheese, diced onions, oyster crackers Tossed salad w dressing Corn Muffin Fruited Jello	<b>Lunch</b> Turkey Pot Pie Parslied Potatoes Steamed Broccoli Fruit Cocktail	<b>Lunch</b> Grilled Bratwurst on hoagie roll Grilled Red Peppers and onions Braised Red Cabbage Cantaloupe	<b>Lunch</b> Spaghetti & Meatsauce Cauliflower Garlic Breadstick Fresh Strawberries Whipped Cream <u>Memory care: Buttered Penne pasta in bowl, 4oz side of Meatsauce in bowl, side of cauliflower, dinner roll</u>
<b>Dinner</b> Baked Glazed Ham scaloped potatoes Zucchini & Summer Squash Spiced Peaches	<b>Dinner</b> Italian Chicken Pasta w/ Red Sauce Sautéed Green Beans Garlic Breadstick	<b>Dinner</b> Homemade Beef Lasagna Caesar Salad Garlic Toast	<b>Dinner</b> BBQ Pulled Pork on Bun Baked Beans Creamy Coleslaw	<b>Dinner</b> Salisbury Steak & gravy Fresh Asparagus Baked Sweet Potato Cinnamon, brown sugar	<b>Dinner</b> Mahi-Mahi lemon wedge Mashed Potatoes Green Beans w. mushrooms	<b>Dinner</b> Breaded Pork Fritter Country Gravy Macaroni & Cheese Buttered Fresh Carrots
<b>Soup</b> Italian Pasta  <b>Desserts all day</b> Strawberry Cream Pie Cookies, Ice Cream	<b>Soup</b> Cream of Broccoli  <b>Desserts all day</b> Cherry Fluff Cookies, Ice Cream	<b>Soup</b> Vegetable Beef  <b>Desserts all day</b> Frosted Banana Cake Cookies, Ice Cream	<b>Soup</b> Chef's choice  <b>Desserts all day</b> Peanut Butter Brownie Cookies, Ice Cream	<b>Soup</b> Chef's Choice  <b>Desserts all day</b> Lemon Tartlet, whip cream Cookies, Ice Cream	<b>Soup</b> Sweet Pepper & Beef  <b>Desserts all day</b> Cherry Pie Cookies, Ice Cream	<b>Soup</b> Chicken Noodle  <b>Desserts all day</b> Turtle Square Carmel Sauce Cookies, Ice Cream



**TRADITIONS**  
MANAGEMENT

