

WEEK 4 MENU

SPRING/SUMMER

| Spring/Summer 2022 | | | | | | | WEEK 4 |
|---------------------------|-----------------------|--------------------------|-------------------------|-----------------------------|--------------------------|-------------------------------|--------------------|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
| BREAKFAST | | | | | | | |
| Hot or Cold Cereal | Hot or cold cereal | Hot or Cold Cereal | Hot or Cold cereal | Hot or Cold Cereal | Hot or Cold Cereal | Hot or Cold Cereal | Hot or Cold Cereal |
| Fruit Cup | Fruit cup | Fruit cup | Fruit cup | Fruit Cup | Fruit Cup | Fruit Cup | Fruit Cup |
| Fried Eggs | Banana walnut pancake | English Muffin Egg/Bacon | Cheese omelette, | Scrambled Eggs | French Toast Peach Comp. | Egg Croissant sandwich | |
| Biscuit and gravy | Syrup/ Bacon | Hash Browns | Fried potatoes | Turkey Sausage | Bacon or Sausage | ham/cheese/ | |
| Butter and Jam | Toast, Butter and Jam | Toast, Butter and Jam | Toast, Butter and Jam | Local Doughnuts | Toast, Butter and Jam | Sliced Strawberries | |
| LUNCH | | | | | | | |
| SOUP OF THE DAY | | | | | | | |
| Fried Chicken Dinner | Beef Stroganoff | Shrimp and Grits | South Miami Sandwich | Roasted Beef over Greek Sal | Potato Crusted Tilapia | BBQ Ribs | |
| Au gratin Potatoes | Buttery Fettucine | Tasso Ham, Trinity | Potato Chips | Romaine, Tomato, Feta | Tarter Sauce | Baked Beans | |
| Caul. Broccoli Medley | Seasonal Vegetables | Stewed Okra | Corn Pea Salad | Potatoes, Olives | Wild Rice Medley | Cole Slaw | |
| | | | | | Asparagus | | |
| Dinner roll and butter | fruit cup | | | Dinner roll and butter | Dinner roll and butter | Dinner roll and butter | |
| fruit cup | | fruit cup | fruit cup | fruit cup | fruit cup | fruit cup | |
| DINNER | | | | | | | |
| SOUP OF THE DAY | | | | | | | |
| Ham and Cheddar Sand | Cheese Sausage Quiche | Chicken a la King | Turkey Pot Roast | Ham Roll, stuffed with | Beef Quesadilla | Cheese Calzone | |
| Creamy Potato Salad | Parsley Redskins | Puff Pastry | Buttery Mashed Potatoes | Spinach, cheese sauce | Black bean corn medley | Marinara | |
| Marinated Vegetable Salad | Green Beans | Carrots and Peas | Steamed Cabbage | Potato dumplings | Tomato Salsa, Sour cream | Spaghetti , Olives, Scallions | |
| | | | | Sauteed zucchini medley | Avocado Guac | Broccoli salad | |
| | Toast | Dinner roll and butter | fruit cup | Dinner roll and butter | | | |
| fruit cup | fruit cup | fruit cup | | fruit cup | fruit cup | fruit cup | |



TRADITIONS
MANAGEMENT

