

WEEK 3 MENU

SPRING/SUMMER

Spring/Summer 2022						WEEK 3
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Hot or Cold Cereal	Hot or cold cereal	Hot or Cold Cereal	Hot or Cold cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Fruit Cup	Fruit cup	Fruit cup	Fruit cup	Fruit Cup	Fruit Cup	Fruit Cup
Fried Eggs	Banana walnut pancake	English Muffin Egg/Bacon	Cheese omelette,	Scrambled Eggs	French Toast Peach Comp.	Egg Croissant sandwich
Biscuit and gravy	Syrup/ Bacon	Hash Browns	Fried potatoes	Turkey Sausage	Bacon or Sausage	ham/cheese/
Butter and Jam	Toast, Butter and Jam	Toast, Butter and Jam	Toast, Butter and Jam	Local Doughnuts	Toast, Butter and Jam	Sliced Strawberries
LUNCH						
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
Roast beef /849391	Grilled Turkey Cheddar San.	Country Picnic: Deviled Eggs	Italian Sausage and Peppers,	Beef Stirfry Teryaki	Lemon Caper Salmon	Stuffed Tomatoes/beef
au Jus	Asparagus Mush saute	Ham Salad slider, assorted	Baked ziti, , Parmesan	Asian Rice	Roasted Redskins	Corn souffle/ gratin
buttery mash pot.	Corn and Rice salad	cheeses, Pickles,	Zesty italian Lima Beans	Veg medley	Zucchini medley	Wax/Green beans
Seasoned Green beans		sliced ripe tomatoes				
		Cornbread and Butter	Garlic Toast			
Dinner roll and butter	fruit cup			Dinner roll and butter	Dinner roll and butter	Dinner roll and butter
fruit cup		fruit cup	fruit cup	fruit cup	fruit cup	fruit cup
DINNER						
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
Pizza of Choice	Braised pork chop	Tuna Casserole /cream sauce	Egg Salad Sand wich	Italian sub: salami, pepperoni	Chicken Tarragon Sauce	Cottage Cheese Platter w/
Garden Salad /Dressing	Citrus sauce	Buttered Broccoli	on a croissant, Potato salad	provolone,	Crispy Potato Cakes	peaches, strawberries,
Breadsticks	Sweet Potato Casserole		Creamy Slaw	Chick peas/roasted pep. salad	Peas and Pearl onions	Muffin
	Sugar Snap Peas					
	Dinner roll and butter	Dinner roll and butter	fruit cup	fruit cup	Dinner roll and butter	Dinner roll and butter
fruit cup	fruit cup	fruit cup			fruit cup	fruit cup



TRADITIONS
MANAGEMENT

