

WEEK 1 MENU

SPRING/SUMMER

Breakfast						
Hot or Cold Cereal	Hot or cold cereal	Hot or Cold Cereal	Hot or Cold cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Fruit Cup	Fruit cup	Fruit cup	Fruit cup	Fruit Cup	Fruit Cup	Fruit Cup
Fried Eggs	Banana walnut pancake	Scram eggs/Bacon & cheese?	Cheese omelette,	Scrambled Eggs	French Toast Peach Comp.	Egg Croissant sandwich
Biscuit and gravy	Syrup/ Bacon	Hash Browns	Fried potatoes	Turkey Sausage	Bacon or Sausage	ham/cheese/
Butter and Jam	Toast, Butter and Jam	Local Doughnuts	Toast, Butter and Jam	Toast, Butter and Jam		
Lunch						
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
Chicken Monterey	Philly Beef Sandwich	Cobb salad	Baked Potato with Toppings	BBQ meatballs	Pecan crusted Tilapia	Southwest beef quesadilla
Scalloped Potatoes	Seasoned French Fries	Breadsticks	Olives, sour cream, cheese	Macaroni and Cheese	Aurora Dip	onions and peppers,
Buttered Green Beans	Sweet Sour Slaw		bacon bits, green onions	Cucumber salad	Roasted asparagus	Cheddar
			Chili		Ranch Seasoned Wedges	Corn and black bean
						Avocado Guaca , salsa
Dinner Roll and Butter	Dessert of the day	Dessert of the day	Corn bread and Butter	Herb bread	Dinner Roll and Butter	
Dessert of the day	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
Seasonal Fresh Fruit			Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Dinner						
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
Vegetable/Meat Lasagna	Crab cakes	Meatloaf	Athena Chicken Breast	Salisbury Steak , sauce	Brats, Brown mustard	Spinach Cheese Raviolis
Italian salad	Creole Mustard sauce	Marsala Gravy	Tomato, Feta, Basil	Pot/Onion casserole	Walnuts Red Cabbage Sal.	Basil Cream sauce
Parmesan	Lemon Caper rice	sour cream Mashed Pot.	Summer Squash Medley	Buttered herbed Broccoli	German potato salad	Stewed Tomatoes/ Celery
	mushrooms, peppers	Peas and pearl onions	Rice w/chick peas			
Garlic Bread	Dinner Roll and Butter	Dinner Roll and Butter	Dinner Roll and Butter	Dinner Roll	Rye Bread	Garlic Dinner Roll
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit



TRADITIONS
MANAGEMENT

