WEEK THREE SAMPLE	Column1	Column2	Column3	Column4	Column5	Column6
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup
Baked Denver Omelet	Scrambled Eggs/Ham & Cheese	Waffle with Syrup & Bacon	Scrambled Eggs	French Toast with	English muffin sandwich with	Baked Cheesy eggs
Toast	Toast	Toast	Biscuit and Gravy	Apple Compote	Egg Patty and Cheese	Breakfast Sausage
				Bacon		
LUNCH						
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Chicken Cordon Bleu	Braised Pork Loin with	Beef and Peppers Stew	Turkey Pot Roast	BBQ Shrimp Skewers	Breaded Pork Cutlets	Yankee Beef Roast
Honey Mustard sauce	Natural Gravy	Duchess Potatoes	Scalloped Potatoes	Cheesy Grits	Lemon Butter	Potatoes, Carrots
Roasted Redskins Potatoes	Butternut squash hash	Peas and Onions	Brussels Sprouts	Buttered Green Beans	Buttered Egg Noodles	and Celery
Key West style veg.	Sugar Snap Peas	Buttered Roll		Dinner roll	Buttered Broccoli	
Dinner roll	Dinner Roll		Dinner Roll		Dinner Roll	Dinner Roll
Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup
Dessert of the day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
DINNER						
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Pizza	Old Fashion Tuna Casserole	Egg Salad Croissant	Reuben Sandwich	Chicken Vera Cruz	Scrambled Cheesy Eggs	Italian Sub
Italian Salad/Dressing	Harvard Beets	Kale Cole Slaw	Cucumbers andTtomatoes	Seasoned Rice	Corned Beef Hash	Tricolor Pasta Salad
Breadsticks	Dinner Roll	Grandma Potato Salad	Four Bean Salad	Capri Vegetables	Mandarin Oranges	Caul/Broc. Salad
					Toast	
Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup