



WEEK FOUR SAMPLE	Column1	Column2	Column3	Column4	Column5	Column6
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>						
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup
Scrambled Eggs with Bacon & Home Fries	Egg Sausage Burrito with Salsa	Pancakes with Apple Compote/Syrup	Coffee Cake	Cheese Omelet	Banana Bread	Scrambled Eggs, Bacon
			Sausage Patty	Toast	Yogurt	Donuts
<b>LUNCH</b>						
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Chicken Vera Cruz	Salisbury Steak/Sauce	Ham Steak/Pineapple	Chicken and Dumplings	Ale Battered Tilapia with Mustard Sauce	South Miami Sandwich	Seared Pork Chop with Sauce Bordelaise
Spanish Rice	Buttery Mashed Potatoes	Wild Rice Medley	Dill Glazed Carrots	Buttered Orzo	Sweet Potato Chips	Twice Baked Potatoes
Braised	Sugar Snap Peas	Roasted Root Vegetables	Dinner Roll	Braised Bacon Cabbage	Black Bean Corn Salad	Yellow/Green Bean Medley
Seasonal Fruit cup	Dinner Roll	Dinner Roll	Seasonal Fruit Cup	Breadsticks	Dinner Roll	Seasonal Fruit Cup
	Seasonal Fruit Cup	Seasonal Fruit Cup		Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
<b>DINNER</b>						
Soup of the Day	Tomato Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Baked Mahi-Mahi with Tarragon Hollandaise	Grilled Cheese	Roasted Turkey with Bread Dressing	Sloppy Joe Sandwich	Taco Bar w/Beef and Garnishes incl.	Chicken Athena	Fettucine in Parmesan
O'Brien Potatoes	Side Salad /Dressing	Green Bean Casserole	Cole Slaw	Salsa, Sour Cream	Buttered Redskins	Cream Sauce with Mushrooms, Red peppers, Broccoli & Peas
Buttery Asparagus	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Seasonal Fruit Cup	Herbed Breadsticks
Seasonal Fruit Cup						