



BENEFITS OF MOVING

INTO MEMORY CARE DURING COVID-19.

TRADITIONS MANAGEMENT WOULD LIKE TO ANSWER YOUR QUESTIONS REGARDING MOVING INTO MEMORY CARE DURING THIS PARTICULAR TIME.

Is it safe to move into a Memory Care Community during these times?

Resident safety is the highest of priorities, and always will be. In most instances, living in a controlled environment that screens staff for COVID-19 symptoms and enforces sanitary protocols within the separated Memory Care neighborhood can reassure their loved ones that they are safe. Residents with memory impairment are particularly susceptible to COVID-19 due to their age and significantly increased likelihood of chronic conditions. Having measures in place, such as 24/7 caregivers, access to an emergency response system, and on-site testing, can detect Residents' changes that may require intervention before a possible medical emergency occurs. Safety steps in place are found more readily than at a personal residence.

Are Memory Care Residents in their rooms at this time?

We encourage social interaction, at a safe social distance, even during the pandemic. As long as the Resident is healthy, we encourage them to come out of their room. Varietas® Memory Care Program and BBET therapies help ensure daily routines are as unaffected by the pandemic, as much as possible, to keep the chances of agitation low. Living at home where memory issues are not fully understood and routines interrupted, can heighten anxiety. By having designated areas, trained staff, and routines in place, these conditions aid in better outcomes for individuals challenged with memory issues. A controlled environment and visitation plans allow Residents to be social and family to have options in controlled visitation. The safety protocols in place — such as furniture arranged for social distancing, masks being worn, visitors signing health forms, and temperatures taken before visiting — are carefully monitored and adjusted as regulations change at Memory Care communities.

Is it best to temporarily remove loved ones and take them back home?

Most Memory Care Residents often require 24/7 care - and most family members are unable to provide that. Memory Care community living limits chances of household accidents such as stoves or faucets being left on, to medical emergencies from accidental self over or under-medication. Educated staff members trained in Care are more mindful of the safety, sanitary, and engagement directions for the individual. The guidelines in place at a Memory Care Community help memory-compromised seniors remain in a routine, vital for those suffering from memory issues. Living at home where memory issues are not fully understood can heighten anxiety for the senior and caregiver. Families may find it challenging to maintain a contamination-free zone, keep small children and other outside families away while in the household. The care that a cognitive impaired senior would typically receive in a community setting will become the family's responsibility. Care maintenance could include tasks such as administering medication, assisting with bathing and dressing, preparing nutritional meals, laundry, and constant sanitizing while maintaining a regular schedule. At-home care can be challenging for those not professionally trained in cognitive care needs.